

# The Trumpeter



## *Manchester Area Senior Citizen's Council*

P.O. Box 31, Manchester, MI 48158

Meals 734-428-7630      Transportation 734-385-6308

Coordinator/Editors - Howard Parr & Margaret Jacob, 517-673-7665

Setup - Pyramid Office Supply & Emporium

Volume XXVI, Number 09    October 2014

## PRESIDENT'S VOICE

It looks like this fall is going to be a busy one for the Manchester Area Senior Citizens Council, Inc. My page, this month, is filled with things that we just didn't have space for in the rest of the Trumpeter. Isn't that great?

The Manchester Senior Citizens Council, Inc. regretfully accepted the resignation of Lorraine Mahrle at its September 9, 2014 board meeting. Lorraine has been a member of the board for many years. Lorraine was also the Good Cheer committee, another activity for which she took responsibility. We thank her for her many years of active service, a job well done. We hope you return to better health.

The board now finds itself in a position of having one open board seat to fill and needing a Good Cheer person. If you would like to be considered for one or both of these positions, please let a board member know. We would like to fill them at our October 8 meeting.

As I think about things, WOW so many people have been doing two or more jobs for years. Now it takes two people to do what one has been doing. Where would we be without all the people?

Sharing Autumn Memories is on the first Wednesday of every month at the Senior Center. October 1<sup>st</sup> from 10:00a to 11:30a is the next one. Come sing a song, dance a jig, read a poem, tell a story. All talents are welcome. We had a grand time at the September one.

Changes to Medicare, supplemental insurance, and Part D in 2015: On Wednesday, October 15 from 10:00a - 1:00p, TJ Pipkens, a retirement consultant

from Clear Strategy, will be at the Senior Center (in the Village Office Building) to help sort through these issues. He will, also, be returning on Wednesday October 29<sup>th</sup>, 2014 from 5:00p - 8:00p. These times will be during Annual Election Period (formerly known as Open-Enrollment). Changes in your plans will take place January 1<sup>st</sup>, 2015. I encourage everyone (doesn't matter if you're a senior or not) to come. Bring your family and friends. Bring, most importantly, the people who have the responsibility of caring for your medical concerns when you are ill. TJ will talk to people individually on a first come first served basis. He is coming to help us understand and make the best choices we can make. What type of coverage do we need? If you can't make these times, please call TJ at 1 (248) 270-8450 to make other arrangements. (On a side note: I've been working with TJ to solve my Medicare issues. I find him to be a very knowledgeable young man who is working for what's best for me.)

I'm not quite sure how to end this article. But, I do know, it is great to have so much information to give you that we needed to scrounge around for more article space. If you have an interest in an issue that affects you, just let me know. I'll seek out someone to answer your questions or I'll give you the information so you can seek out answers. With education, (we never stop learning), we can make the best choices for our lives. Also, I'm willing to seek information for family and friends of all our seniors, information that pertains to your needs. You truly are a grand group of seniors.

## SALTING THE SOUP

- There is an old saying about too many cooks spoiling the broth, and it has meaning for our meals today. When an organization hires a cook, decisions about meals are become different from those of an individual cook. We have to tell the cook what we want. Julie has attempted to give us what she feels we want, but apparently is not satisfying the wishes of many in our group. At the recent Board meeting we reviewed our system of management through a Food Committee that works with our cook.
- Julie will be asked to submit new menus to the Food Committee for review and suggestion. The Committee will help finalize the main dishes and will also finalize side dishes, salads, and desserts in order to give direction to Julie in a positive way. (In the past, side dishes, etc. were not looked at and former cooks knew what we wanted.) The Committee will then submit new menus to the President for final approval.
- The Board appreciates the manner in which dissatisfaction about our meals was brought to their attention. Chris Honer (428-9605) is Chair of the Food Committee and suggestions or comments should be referred to her.
- Our food program experienced a lot of changes and problems last year, so we should be able to work out today's problems in the same spirit. Everyone may not get everything they want (salt), but the greatest good for the greatest numbers should be our goal---continuing to cook and serve the 45-50 meals our members want. May we be patient as changes come.

## MINIMUM WAGE INCREASED

Our bus drivers have to be paid the Michigan minimum wage to qualify us for federal aid. The last legislature increased the minimum wage (now \$7.40/hr) in stages as follows:

Sept. 1, 2014	\$8.15
Jan. 1, 2016	\$8.50
Jan. 1, 2017	\$8.90
Jan.1, 2018	\$9.25

The Board had been paying bus drivers \$7.50/hr., and at the last meeting set \$8.25 as the new hourly rate for drivers, effective September 1, 2014. Our drivers are well worth the new rate which is also easier when computing fractional hours for a payroll. The increase amounts to 10%, which means we will be seeking added funding to keep the transportation program solvent.

## MANCHESTER WELLNESS COALITION

At our last meeting the Board heard a presentation from Ray Berg which reviewed the purposes and the operation of the Coalition. Some of you may remember the "Red Barrel" program which safely disposes of toxic medicine so many of us need to get rid of. Also, last season bus services on Saturday were paid for by this group to let us try exercise at the fitness center near the old h.s. on a series of Saturdays.

These efforts are made possible by funds set aside as a Foundation by the Chelsea Community Hospital before it merged with St. Joseph Hospital. Each year the income from this Foundation becomes available for wellness programs in Manchester, Chelsea, Dexter, Stockbridge, and Grass Lake. The Manchester Coalition meets regularly at noon in the Village Room in Village Hall on the 2nd Thursday each month to conduct business and seek opportunities for improved health suggestions/programs here.

If there is someone out there interested in helping get our ideas on the table, let Jan know. The Coalition is a new approach to helping with health issues in the community, and the views of Seniors are an important part of the community. This group has been instrumental helping start a study about the feasibility of a Senior Health facility in Manchester. (If they had started earlier, I might not have needed to move.) As Churchill said: "Democracy is a terrible form of government to run, but it's the best we have." It takes participation, time and work to develop good programs for citizens and we should take our part as we are able.

## October Activities

3- Pittsfield Cards Time 6:00 Bus \$4.00

Or

Tecumseh Fish Fry

Time 5:30 Bus \$4.00

5- TCA Paint Your Wagon

Time 2:00 Bus \$4.00

6- Flu Clinic Time 9-12 Bus \$2.00

6- Legion Cards Time 6:30 Bus \$2.00

10- Saline Cards Time 6:30 Bus \$4.00

11- Tipton Dinner Time 4:30 Bus \$4.00

Baked Chicken/veggies/salad/rolls/dessert

13- Shopping Time 10:00 Bus \$5.00

Choices are Ann Arbor or Adrian

13- Legion Cards Time 6:30 Bus \$2.00

17- Manchester Cards Time 6:00 Bus \$2.00

Or

Tecumseh Fish Fry

Time 5:30 Bus \$4.00

18- Apple Picking Time 10:00 Bus \$4.00

*Rain Date will be Oct. 25th same time*

18- Tipton Dinner Time 4:30 Bus \$4.00

Wet Burrito/salad/rolls/dessert

20- Legion Cards Time 6:30 Bus \$2.00

21- Chelsea Concert Time 7:00 Bus \$4.00

24- Dinner Out Time 5:00 Bus \$5.00

Choices are

Long Horn/Napoleon Café/Aggies

27- Legion Cards Time 6:30 Bus \$2.00

## Flu Shot Clinic

- Monday, October 6<sup>th</sup>
- 9:00 to Noon
- Emanuel U.C.C.
- Cost \$33.00 without insurance

Open to the Community - 9 years and up



## October Birthdays

2 - June Sweeney

3 - Donna Hankamp

8 - Gen Mulligan

10 - Delores Wolff

13 - Jane VanDoren

13 - Doris Hough

15 - Joe Geer

26 - Thelma Kemeter

29 - Ruth Adams

31 - Betty Cummings

31 - Ruth Goodell\*

\*complimentary Birthday Meal



## MEMORIAL SERVICE

Vic Wurster Memorial Service

October 4<sup>th</sup>, 2014

At Emanuel U.C.C.

10:00a.m. – 11:00 a.m. Visitation

11:00 a.m. Service



**PLEASE REMEMBER** (in your prayers)

the family of

Lucile Williams

who passed away September 22, 2014.

A Celebration of Lucile's Life

is at a later date.

# OCTOBER 2014

Transportation and Meals call – 734-385-6308  
 Delivery call by 10 am of day you wish the meal delivered

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
***** At all meals, there will be a salad, vegetable, rolls, and dessert. These are subject to change depending on what is in season.	***** will be a salad, and dessert. to change what is in season.		1 "0"	2 BIRTHDAY DINNER MEATLOAF MASHED POTATO CAKE	3 "0"	4
5	6 FLU SHOT CLINIC 9-NOON EMANUEL U.C.C. \$33 W/O INSURANCE	7 BBQ PORK MASHED POTATO	8 BOARD MEETING 9:30 AM.	9 FR. BOSCO VISIT @ 11:45 SPLIT PEA SOUP HAM/SCALLOPED POT.	10 "0"	11
12	13 COLUMBUS DAY	14 ROAST BEEF MASHED POTATOES	15 "0"	16 CHICKEN & BISCUITS W/ PEAS	17 "0"	18
19	20 "0"	21 SPAGHETTI & MEATBALLS	22 "0"	23 BINGO w/ CAMBRIAN PORK CHOPS CHEESY POT. SOUP MASHED POTATOES	24 "0"	25
26	27 "0"	28 CHILI & CORN BREAD, BUNS FOR CHILI DOGS	29 "0"	30 HALLOWEEN DRESS-UP ROAST PORK LOIN MASHED POTATOES	31 "0" HALLOWEEN	<< BIRTHDAY DINNERS >> ARE ALWAYS ON THE FIRST THURS. OF EVERY SERVING MONTH.  ** MENUS ** ARE SUBJECT TO CHANGE, DUE TO ANY UNFORESEEN CIRCUMSTANCES.
MONDAY FROM 9:00-NOON	OCTOBER, FLU SHOT AT EMANUEL U.C.C.	6TH, 2014 CLINIC	INSURANCE	DAYS MARKED WITH "0" ARE AVAILABLE FOR MEDICAL RUNS		

Meal Prices for 55+ are – Dine in or Pick-up \$4.00; Birthday Meal is \$2.50; 90+ FREE Birthday Meal; under 55 - \$4.50 Dine in or Pick-up. Delivered Meals \$5.00